



Middle School Counseling Curriculum and Standards Grades 6-8

Academic Development Program Standard 1: *The student will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.*

Academic Development Program Benchmark 1: *The student will demonstrate academic self-confidence and skills and attitudes to enhance learning.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. demonstrates critical thinking skills that include logic and reasoning; 2. creates a plan to achieve short- and long-term academic goals and the tasks necessary to meet the goals (e.g., Individual Plan of Study); 3. accepts intellectual challenges to develop personal competence as essential to the learning process; 4. demonstrates effective time management, organizational and study skills necessary for academic success; 5. demonstrates personal trust, self-confidence and a sense of responsibility in achieving high quality results and outcomes; 6. identifies attitudes, behaviors and feelings that lead to academic success; 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Individual counseling (Contracts, Study Skills) ● Group counseling (Organization Group, Study Skills Group) ● Classroom Guidance (Goal Setting, Study Skills, Learning Styles Inventory, Project Alert) ● Guided Study ● Academic Extension ● Develop Individual Plan of Study (IPS) ● Develop 4-Year Plan ● Career Cruising Activities (Learning Styles inventory) ● Pre-Enrollment meetings (coordination. w/ 5th gr. & 9th gr. staff, inform direct 6-8 students, & parent sessions) ● Transition Activities (high school visits / elementary visits) ● Parent meetings ● Select students for academic support/enhancement programs <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● 21st Century Programs ● career cruising ● core classes ● credits ● elective classes ● house ● Individual Plan of Study (IPS) 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● AIM ● Before/After school homework help ● Career Cruising (careercruising.com) ● Code of Conduct ● District Tutor List ● Guided Study ● H.E.L.P. Clinic ● ksde.org - (IPS template) ● MTSS Support Team ● Counseling Websites/Twitter Feeds ● ParentVUE/StudentVUE ● Program Planning Guide ● Project Alert ● Student guiding principles ● Summer School ● Remedial classes ● Resource classes ● IPS Template <p>Assessment Tasks</p> <ul style="list-style-type: none"> ● Review Individual Plan of Study ● Review Career Cruising Portfolio ● Review student grades and test scores



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<p>7. explores personal interests and abilities to enhance learning;</p> <p>8. Recognizes the external and internal motivating factors and personal attributes that contribute to learning.</p>	<ul style="list-style-type: none"> ● Learning Styles (kinesthetic, auditory, visual, etc.) ● optimistic mindset ● self-advocate/self-advocacy 	<ul style="list-style-type: none"> ● Review discipline reports ● Student Self Reflection ● Google Form Surveys ● KS/District Assessment Scores
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Academic Development Program Standard 1: *The student will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the lifespan.*

Academic Development Program Benchmark 2: *The student will achieve school success.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <p>1. demonstrates critical thinking skills to evaluate and develop inferences to make informed decisions that promote academic success;</p> <p>2. demonstrates independent, cooperative and collaborative skills to complete academic tasks;</p> <p>3. recognizes the importance of effort and persistence to promote academic success;</p> <p>4. recognizes the importance of regular school attendance;</p>	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Individual counseling (Boys Town, CHAMPS, Study Skills, Contracts) ● Group counseling (Study Skills, Boys Town) ● Classroom Guidance (Career Cruising, Enrollment, Teamwork Activities) ● Cooperative Learning Groups (all staff) ● Academic Extension ● Develop Individual Plan of Study (IPS) ● Career Cruising Activities (My Skills and Matchmaker) ● Pre-Enrollment meetings (coordination. w/ 5th gr. & 9th gr. staff, inform direct 6-8 students, & parent sessions) ● Transition Activities (high school visits / elementary visits) ● Extra-Curricular Activities ● Parent/Teacher conferences 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Academic support programs Title 1, Read 180, Guided Study ● AIM ● Before and After School Tutoring ● Boys Town/ CHAMPS ● Career Cruising careercruising.com ● Counseling Websites/Twitter Feeds ● Extra-Curricular School Programs ● H.E.L.P. Clinic ● Monitoring and grade updates ● MTSS Support Team ● ParentVUE/StudentVUE



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<p>5. recognizes the importance of enrichment and extracurricular activities;</p> <p>6. practices effective learning and test-taking strategies;</p> <p>7. applies appropriate communication skills to seek assistance;</p> <p>8. demonstrates effort and persistence in completing learning tasks;</p> <p>9. identifies a personal learning preference that promotes academic success;</p> <p>10. Applies information and resources to promote academic success.</p>	<ul style="list-style-type: none"> ● Select students for academic support/enhancement programs (AIM, Guided Study, Title One Programs) <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● Boys Town/CHAMPS ● collaboration ● cooperative learning ● credit ● Individual Plan of Study (IPS) ● self-advocacy 	<ul style="list-style-type: none"> ● Program Planning Guide (PPG) ● School Resource Officer (SRO) ● Summer school ● IPS Template ● Everyone Struggles “Yourself Series” ● Decision Making Skills-- Proposed Sean Covey <u>The Six Most Important Decisions that you Will Ever Make (book and workbook)</u> <p>Assessment Tasks</p> <ul style="list-style-type: none"> ● Review Individual Plan of Study ● Review Career Cruising Portfolio ● Review student grades and test scores ● Student audit of extracurricular activities ● Attendance reports ● Review discipline reports
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Academic Development Program Standard 2: *The student will complete school with the academic preparation to choose from post-secondary options.*

Academic Development Program Benchmark 1: *The student will plan to achieve goals for lifelong learning.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. identifies and practices challenging academic goals; 2. uses assessment results to develop and implement an Individual Plan of Study; 3. Explores academic options. 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Establish challenging academic goals.(Staff) ● Explore academic options. ● Use assessment results in educational planning. ● Individual counseling (Goal Setting, Study Skills, IPS) ● Group counseling (Goal Setting, Study Skills) ● Classroom Guidance (Career Cruising, IPS) ● Career Cruising Activities ● ● Pre-Enrollment meetings (coordination. w/ 5th gr. & 9th gr. staff, inform direct 6-8 students, & parent sessions) ● Transition Activities (high school visits / elementary visits) ● Parent/Teacher conferences ● Select students for academic support/enhancement programs <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● 21st Century High School Programs ● career clusters ● Individual Plan of Study (IPS) ● performance levels ● strengths & areas of need ● self-advocacy 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● AIM ● Career Clusters (ksde.org) ● Career Cruising (careercruising.com) ● Code of Conduct ● ParentVUE/ StudentVUE ● Program Planning Guide ● Tutorial programs ● IPS Template ● Everyone Struggles “Yourself Series” <p>Assessment Tasks :</p> <ul style="list-style-type: none"> ● Review Individual Plan of Study ● Review Career Cruising Portfolio ● Review student grades and test scores ● Student self-reflection ● State & District Assessment Results ● Google Form Surveys



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Middle School Counseling Curriculum and Standards Grades 6-8

Academic Development Program Standard 3: *The student will understand the relationship of academics to life skills and college and career readiness.*

Academic Development Program Benchmark 1: *The student will relate school to life experience.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. balances home, school, and community activities; 2. applies non-cognitive factors in the home, school, and community; 3. seeks extra-curricular and community activities to enhance the school experience; 4. recognizes that school success enhances opportunities; 5. prepares for the transition to high school; 6. Recognizes ongoing academic expectations. 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Group counseling ● Individual counseling ● Classroom Guidance ● Develop Individual Plan of Study (IPS) ● Career Cruising Activities <ul style="list-style-type: none"> ● Pre-Enrollment meetings (coordination. w/ 5th gr. & 9th gr. staff, inform direct 6-8 students, & parent sessions) ● Transition Activities (high school visits / elementary visits) ● Parent meetings ● KAY Club (staff) ● WEB Program (staff) <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● 21st Century High School Programs ● Individual Plan of Study (IPS) ● mentor ● non-cognitive factors ● Self-advocacy ● College Entrance Exams ● GPA 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Career Cruising (careercruising.com) ● Code of Conduct ● Counseling Websites/Twitter Feeds ● H.E.L.P. Clinic ● MTSS Support Team ● ParentVUE/StudentVUE ● Program Planning Guide (PPG) ● Special academic support programs ● Tutorial programs ● IPS Template ● Everyone Struggles “Yourself Series” <p>Assessment Tasks:</p> <ul style="list-style-type: none"> ● Individual Plan of Study ● Review Career Cruising Portfolio ● Review student grades and test scores ● Review discipline reports ● Student Self Reflection ● State & District Assessments



Middle School Counseling Curriculum and Standards Grades 6-8

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| <ul style="list-style-type: none">• Postsecondary Education Opportunity Vocabulary (ex: Bachelor, Vo Tech, Community College, etc...) | <ul style="list-style-type: none">• Student Audit of extracurricular activities• Google Form Surveys |
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Middle School Counseling Curriculum and Standards Grades 6-8

Career Development Program Standard 1: *The student will acquire the skills to investigate careers in relation to knowledge of self and to make informed career decisions.*

Career Development Benchmark 1: *The student will develop career awareness.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. identifies personal interests and abilities and relates them to one's Individual Plan of Study; 2. describes how good habits in school relate to career success; 3. explores a variety of traditional and nontraditional occupations related to specific interests; 4. recognizes that all occupations are available regardless of diversity (e.g., gender, ethnicity); 5. Recognizes the value of all occupations. 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Career Cruising (Matchmaker, Learning Styles, My Skills Inventory) ● District Careers Course (8th Grade, Staff) ● Career EXPO (8th Grade) ● Classroom Guidance (Career Cruising, Diversity Lessons, Study Skills) ● Individual Counseling ● Individual Plan of Study (IPS) ● Goal setting (staff) <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● 21st Century High School Programs ● College Entrance Exams ● attributes ● career clusters ● employability skills ● Individual Plan of Study (IPS) ● Postsecondary Education Opportunity Vocabulary (ex: Bachelor, Vo Tech, Community College, etc...) 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Career Cruising (careercruising.com) ● Counseling Websites/Twitter Feeds ● District Career EXPO committee ● KSDE.org ● Program Planning Guide (PPG) ● IPS Template <p>Assessment Tasks</p> <ul style="list-style-type: none"> ● Career Cruising (Portfolio, Matchmaker, My Skills Inventory, Learning Styles) ● Google Form Surveys



Middle School Counseling Curriculum and Standards Grades 6-8



Middle School Counseling Curriculum and Standards Grades 6-8

Career Development Program Standard 1: *The student will acquire the skills to investigate careers in relation to knowledge of self and to make informed career decisions.*

Career Development Benchmark 2: *The student will develop employment readiness.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
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<p>The student . . .</p> <ol style="list-style-type: none"> 1. demonstrates the importance of planning and goal setting; 2. demonstrates positive work habits in the classroom; 3. recognizes and describes the personal qualities of responsibility, dependability, punctuality, and integrity in the workplace; 4. demonstrates effective communication skills; 5. Recognizes real world consequences of decisions in one's career. 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Career Cruising (careercruising.com) ● Individual Plan of Study (IPS) ● Career EXPO (8th Grade) ● District Career Course (8th Grade) ● District Leadership Course (staff) ● College campus visits (staff) ● Classroom Guidance (Goal Setting, Boys Town/CHAMPS, Lecture series/career speakers) ● Project Alert ● Developing resume and recommendation letters <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● 21st Century High School Programs ● attributes ● career clusters ● dependability ● employability skills ● Individual Plan of Study (IPS) ● integrity ● punctuality ● Responsibility ● Resume ● Recommendation letters 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Career Cruising (careercruising.com) ● Counseling Websites/Twitter Feeds ● District Career EXPO committee ● SDE.org ● Project Alert ● Program Planning Guide (PPG) ● IM ● Net ● PS Template ● Decision Making Skills-- Proposed Sean Covey <u>The Six Most Important Decisions that you Will Ever Make (book and workbook)</u> ● Boys Town Curriculum <p>Assessment Tasks:</p> <ul style="list-style-type: none"> ● Career Cruising (Portfolio, Matchmaker, My Skills Inventory, Learning Styles) ● Google Form Surveys
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Career Development Program Standard 2: *The student will employ strategies to achieve future career goals with success and satisfaction.*

Career Development Benchmark 1: *The student will acquire career information.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. identifies and uses resources for career planning; 2. identifies personal characteristics (e.g., aptitudes, interests, and strengths); 3. explores career choices and career fields and clusters; 4. identifies secondary and postsecondary opportunities; 5. Explores career choices through experiential activities (e.g., job shadowing, mentoring, career simulations). 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Career Cruising (careercruising.com) ● Individual Plan of Study (IPS) ● Career EXPO (8th Grade) ● District Career Course (8th Grade) ● College campus visits (staff) ● Classroom Guidance (21st Century introduction, Lecture series/career speakers, Career Cruising) ● High School College Fair <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● 21st Century High School Programs ● College Entrance Exams ● GPA ● attributes ● career Clusters ● employability skills ● Individual Plan of Study (IPS) 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Career Cruising (Matchmaker, My Skills, Learning Styles) ● Community resources ● College Fair ● IPS Template <p>Assessment Tasks:</p> <ul style="list-style-type: none"> ● Career Cruising (Matchmaker, Learning Styles, My Skills) ● Google Form Surveys



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| | <ul style="list-style-type: none">• Postsecondary Education Opportunity Vocabulary (ex: Bachelor, Vo Tech, Community College, etc...) | |
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Middle School Counseling Curriculum and Standards Grades 6-8

Career Development Program Standard 2: *The student will employ strategies to achieve future career goals with success and satisfaction.*

Career Development Benchmark 2: *The student will identify career goals.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <p>1. identifies strategies for managing personal resources (e.g., talents, time, money) to achieve career goals;</p> <p>2. develops and implements an Individual Plan of Study that effectively prepares the student for career success;</p> <p>3. recognizes need to balance school, home, and career.</p>	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Individual Plan of Study (IPS) ● Career EXPO (8th Grade) ● District Career Course (8th Grade) ● District Leadership Courses (staff) ● College campus visits (staff) ● Classroom Guidance (21st Century introduction, Lecture series/career speakers, Career Cruising) ● High School College Fair <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● career (vs. job) ● career clusters ● career field(s) ● civic ● community ● employability skills ● Individual Plan of Study (IPS) ● leisure ● Punctuality ● Postsecondary Education Opportunity Vocabulary (ex: Bachelor, Vo Tech, Community College, etc...) 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Career Cruising (Matchmaker, My Skills, Learning Styles) careercruising.com ● Code of Conduct ● College Fair (consult with HS counselor) ● Community resources ● IPS Template (ksde.org) <p>Assessment Tasks:</p> <ul style="list-style-type: none"> ● Career Cruising (Matchmaker, Learning Styles, My Skills) ● Google Form Surveys



Middle School Counseling Curriculum and Standards Grades 6-8

- College Entrance Exams
- Grade Point Average (GPA)

Career Development Program Standard 3: *The student will understand the relationship between personal qualities, education, training, and career success.*

Career Development Benchmark 1: *The student will acquire knowledge to achieve career goals.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. develops self-knowledge for career planning (e.g., abilities, skills, interests); 2. recognizes the relationship of essential knowledge and employability skills to career success (e.g., responsibility, dependability, punctuality, and integrity); 3. identifies the education and training needed to achieve career goals; 4. Demonstrates effective decision-making skills to achieve career goals. 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Individual Plan of Study (IPS) ● Career EXPO (8th Grade) ● District Career Course (8th Grade) ● District Leadership Courses (staff) ● College campus visits (staff) ● Classroom Guidance (21st Century introduction, Lecture series/career speakers, Career Cruising, Decision Making Strategies) 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Career Cruising (Matchmaker, My Skills, Learning Styles) careercruising.com ● Code of Conduct ● College Fair (consult with HS counselor) ● Community resources ● PS Template (ksde.org) ● Decision Making Skills-- Proposed Sean Covey The



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	<ul style="list-style-type: none"> • High School College Fair <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> • career (vs. job) • career clusters • career fields • civic • community • employability skills • Individual Plan of Study (IPS) • leisure • punctuality 	<p><u>Six Most Important Decisions that you Will Ever Make (book and workbook)</u></p> <p>Assessment Tasks:</p> <ul style="list-style-type: none"> • Career Cruising (Matchmaker, Learning Styles, My Skills) • Google Form Surveys
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Career Development Program Standard 3: *The student will understand the relationship between personal qualities, education, training, and career success.*

Career Development Benchmark 2: *The student will apply skills to achieve career goals.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student ...	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> • Individual Plan of Study (IPS) 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> • Boys Town



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<p>1. relates personal activities and interests to career goals and leisure choices;</p> <p>2. demonstrates appropriate interpersonal skills;</p> <p>3. applies problem-solving and decision-making skills;</p> <p>4. demonstrates teamwork;</p> <p>5. Demonstrates the ability to balance school, home, and career.</p>	<ul style="list-style-type: none"> ● Career EXPO (8th Grade) ● District Career Course (8th Grade) ● District Leadership Courses (staff) ● College campus visits (staff) ● Group counseling (Study Skills, Boys Town) ● Classroom Guidance (Career Cruising, Enrollment, Teamwork Activities, Decision Making Strategies) ● Cooperative Learning Groups (all staff) ● Academic Extension ● High School College Fair <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● career clusters ● career fields ● career Ready ● employability skills ● Individual Plan of Study (IPS) ● interpersonal skills ● optimistic mindset ● positivity 	<ul style="list-style-type: none"> ● Career Cruising careercruising.com ● CHAMPS ● Code of Conduct ● Counseling Websites/Twitter Feeds <ul style="list-style-type: none"> ● Decision Making Skills-- Proposed Sean Covey <u>The Six Most Important Decisions that you Will Ever Make (book and workbook)</u> <p>Assessment Tasks</p> <ul style="list-style-type: none"> ● Career Cruising (Matchmaker, Learning Styles, My Skills) ● Review student grades and test scores ● Student self-reflection ● Google Form Surveys
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Middle School Counseling Curriculum and Standards Grades 6-8

Social and Emotional Development Program Standard 1: *The student will acquire knowledge, attitudes, and interpersonal skills to understand and respect self and others.*

Social and Emotional Development Benchmark 1: *The student will acquire and use self-knowledge.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. demonstrates positive attitudes toward self and others including personal strengths and assets; 2. recognizes feelings and how to constructively handle emotions; 3. recognizes how attitudes and choices affect behavior; 4. exhibits positive self-control; 5. recognizes that change is part of growth and development; 6. Identifies and uses resources in the school and community that provide assistance. 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Individual counseling ● Group counseling (Anger Control, Social Skills) ● Classroom Guidance (Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons) ● Bullying interventions/strategies/techniques ● Suicide Interventions/strategies ● Conferencing with parents ● Clubs ● Positive Behavioral Supports ● Staff consultations ● Extra-Curricular Activities (FOR Club, WEB) ● Self-Reflection Activities ● Leadership opportunities ● Boys Town ● Leadership I class (staff) ● Leadership II class (staff) ● Project Alert (staff) ● Social Worker referrals ● Health units (Staff, nurse) ● Discipline referrals (administration) ● Be Brave Presentations by OSHS <p>Critical Vocabulary:</p>	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Career Cruising ● Code of Conduct ● Community agencies/resources ● District Suicide Prevention resource ● H.E.L.P. Clinic ● Mental Health Liaison ● MTSS ● Olathe Summer School Conference ● ParentVUE/StudentVUE ● Professional Development ● Project Alert ● Rachel's Challenge ● School nurse ● School Social Worker ● School Psychologist ● School Resource Officer ● Special academic support programs ● Summer Conference sessions ● Tutorial programs ● Youth Mentors



Middle School Counseling Curriculum and Standards Grades 6-8

- assets
- emotional well-being
- interpersonal skills
- mental health
- optimistic mindset
- positivity
- self-advocacy
- self-control

- Small group resources and curriculum - anger, social skills, self-harm, decision making, divorce, anxiety, adolescent female conflict
- Decision Making Skills-- Proposed Sean Covey The Six Most Important Decisions that you Will Ever Make (book and workbook)
- Everyone Struggles "Yourself Series"
- BE You Magazine

Assessment Tasks

- Review Discipline reports
- Administration referrals
- SRO contact /incident reports
- Student Self-reflection review
- Climate survey



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Social and Emotional Development Program Standard 1: *The student will acquire knowledge, attitudes, and interpersonal skills to understand and respect self and others.*

Social and Emotional Development Benchmark 2: *The student will acquire and use interpersonal skills.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. develops effective coping skills; 2. learns and uses conflict resolution skills; 3. understands how appropriate behavior affects school and family relationships; 4. develops an appreciation of individual and cultural differences; 5. demonstrates cooperation; 6. Demonstrates self-control and the ability to hear another's perspective. 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Individual counseling ● Group counseling (Anger Control, Social Skills) ● Classroom Guidance (Introduction lesson, Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons, Pre-Enrollment lessons) ● Clubs ● Bullying interventions/strategies/techniques ● Suicide Interventions/strategies ● Conferencing with parents ● District Leadership Class (staff) ● Staff consultations ● Extra-Curricular Activities (FOR Club, WEB) ● Self-Reflection Activities ● Positive Behavioral Supports ● Project Alert (staff) ● Individual Plan of Study ● Social Work referrals ● Discipline referrals to administration ● Counseling referrals 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Code of Conduct ● Career Cruising ● Career EXPO ● Community agencies/resources ● Consult with Social Work and School Psychologist ● H.E.L.P. Clinic ● Mental Health Liaison ● Tutorial programs ● Olathe School District Summer Conference ● ParentVUE/StudentVUE ● Program Planning Guide ● Rachel's Challenge ● District Suicide Prevention resource ● Mentoring Program ● MTSS ● Project Alert ● Special academic support programs



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Critical Vocabulary:

- assets
- cooperation
- conflict Resolution
- emotional Well-being
- mental health
- optimistic mindset
- positivity
- self-control
- self-respect
- Assertive
- Passive
- Aggressive
- Target
- Bystander
- Bully

- School nurse
- School Resource Officer
- Special academic support programs
- Youth Court
- Youth Congress
- Youth Mentors
- Small group resources and curriculum - anger, social skills, decision making, divorce, anxiety, suicide prevention, self-harm, adolescent female conflict
 - Decision Making Skills-- Proposed Sean Covey [The Six Most Important Decisions that you Will Ever Make](#) (book and workbook)
- Everyone Struggles "Yourself Series"
- BE You Magazine

Assessment Tasks

- Community Service Awards
- Review Discipline reports
- Student Self-reflection review
- Climate surveys
- Participation in extracurricular activities (clubs, activities, and sports)



Middle School Counseling Curriculum and Standards Grades 6-8

Social and Emotional Development Program Standard 1: *The student will acquire knowledge, attitudes, and interpersonal skills to understand and respect self and others.*

Social and Emotional Development Benchmark 3: *The student will appreciate perspective and emotions of others.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <p>1. anticipates common emotional reactions to a variety of situations;</p> <p>2. develops an understanding of the context of the emotion that others are experiencing;</p> <p>3. expresses an appropriate level of understanding;</p> <p>4. Develops skills as a member and leader within a diverse group.</p>	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● individual counseling ● group counseling (Anger Control, Social Skills) ● classroom Guidance (Introduction lesson, Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons, Pre-Enrollment lessons) ● clubs ● bullying interventions/strategies/techniques ● suicide Interventions/strategies ● conferencing with parents ● district Leadership Class (staff) 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Boys Town ● Leadership I and II curriculum ● Rachel's Challenge ● Decision Making Skills-- Proposed Sean Covey <u>The Six Most Important Decisions that you Will Ever Make (book and workbook)</u> ● Everyone Struggles "Yourself Series" ● BE You Magazine <p>Assessment Tasks</p> <ul style="list-style-type: none"> ● Community Service Awards ● Review Discipline reports ● Student Self-reflection review ● Climate surveys



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	<ul style="list-style-type: none">● staff consultations● xtra-Curricular Activities (FOR Club, WEB)● elf-Reflection Activities● ositive Behavioral Supports● roject Alert (staff)● ndividual Plan of Study● thletic teams● erforming arts classes● EB● OR club <p>Critical Vocabulary:</p> <ul style="list-style-type: none">● character● diversity● emotions● empathy● self-respect● Assertive● Passive● Aggressive● Target	<ul style="list-style-type: none">● Participation in extracurricular activities (clubs, activities, and sports)
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Social and Emotional Development Program Standard 2: *The student will make decisions, set goals, and take necessary action to achieve goals.*

Social and Emotional Development Benchmark 1: *The student will acquire knowledge and skills to make decisions and set goals.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. sets goals and develops a plan to achieve goals; 2. recognizes the consequences of decisions and choices; 3. identifies the influence of peer pressure on decision making; 4. Seeks help to solve problems and make decisions. 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Individual counseling ● Group counseling ● Classroom Guidance (Decision Making Strategies) ● Bullying interventions/strategies/techniques ● Conferencing with parents ● Staff consultations ● Extra-Curricular Activities ● Self-Reflection Activities ● Leadership opportunities ● Diversity activities ● Develop Individual Plan of Study ● Project Alert Lessons <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● consequences ● choices ● goals ● influence 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● Career Electronic Portfolio (Career Cruising) ● Career Expo ● H.E.L.P. Clinic ● Monitoring and grade updates ● MTSS ● Special academic support programs ● Summer programs ● Tutorial programs ● WEB mentors ● Youth Court ● Youth Congress ● Youth Mentors ● BYOU Magazine (Be Your Own You) ● Google Form Surveys ● Brain Wise Program ● Upside Down Organization ● Heads Up 8th Graders by Jim Mullen book and workbook ● Understood.org



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	<ul style="list-style-type: none"> ● problem solving ● peer pressure ● SMART goal 	<ul style="list-style-type: none"> ● Decision Making Skills-- Proposed Sean Covey <u>The Six Most Important Decisions that you Will Ever Make (book and workbook)</u> <p>Assessment Tasks</p> <ul style="list-style-type: none"> ● Community Service Awards ● Review Discipline reports ● Student Self-reflection review ● Climate surveys ● Review educational plan ● Academic Awards
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<p>Social and Emotional Development Program Standard 3: <i>The student will understand personal safety skills.</i></p> <p>Social and Emotional Benchmark 1: <i>The student will acquire personal safety skills and demonstrates digital citizenship.</i></p>		
Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
<p>The student . . .</p> <ol style="list-style-type: none"> 1. understands the difference between bullying and conflict; 2. recognizes and applies refusal skills; 3. implements safeguards to protect personal information; 	<p>Essential Learning Tasks, Activities, Experiences:</p> <ul style="list-style-type: none"> ● Individual counseling ● Group counseling (Anger Control, Social Skills) ● Classroom Guidance (Introduction lesson, Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons, Pre-Enrollment lessons) ● Digital Citizenship Activities/Lessons (All Staff) ● Clubs ● Bullying interventions/strategies/techniques ● Suicide Interventions/strategies 	<p>Recommended Resources:</p> <ul style="list-style-type: none"> ● District website (Cyber Bullying, Cyber Integrity, Cyber Safety) ● H.E.L.P. Clinic ● Mental Health Providers ● MTSS ● School Resource Officer ● Youth Mentors ● Youth Court ● Youth Congress



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<p>4. describes the consequences of behavior on personal safety, school safety, and protection of individuals' rights;</p> <p>5. describes abusive situations and plans for seeking help;</p> <p>6. determines actions and resources for ensuring the safety of self and others;</p> <p>7. Recognizes how individual choices and decision-making apply to personal safety.</p>	<ul style="list-style-type: none"> ● Conferencing with parents ● District Leadership Class (staff) ● Staff consultations ● Extra-Curricular Activities (FOR Club, WEB) ● Self-Reflection Activities ● Positive Behavioral Supports ● Project Alert (staff) ● Individual Plan of Study ● Sunflower House/SRO presentation (Cyberbullying) ● Digital Citizenship training through IPADS <p>Critical Vocabulary:</p> <ul style="list-style-type: none"> ● abuse ● access ● bullying ● conflict ● digital citizenship ● etiquette ● personal safety ● refusal skills 	<ul style="list-style-type: none"> ● Digital Citizenship/Internet Safety (NetSmartz; www.bgca.org, youtube.com) <p>Assessment Tasks</p> <ul style="list-style-type: none"> ● Review Discipline reports ● SRO Contacts/incident reports ● Student Self-reflection review ● Climate surveys
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Social and Emotional Development Program Standard 3: *The student will understand personal safety skills.* **Social and Emotional Benchmark 2:** *The student will acquire skills to ensure health and well-being.*

Indicators	Implementation of Content and Learning Experiences	Resources and Assessed Performance
The student . . .	Essential Learning Tasks, Activities, Experiences:	Recommended Resources: ● Boys Town



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<p>1. demonstrates healthy behaviors to reduce health risks;</p> <p>2. practices self-discipline and self-control;</p> <p>3. identifies the warning signs associated with risky behaviors;</p> <p>4. Seeks help for self and/or others who might develop problems with risky behaviors.</p>	<ul style="list-style-type: none"> ● individual counseling ● group counseling (Anger Control, Social Skills, Boys Town) ● classroom Guidance (Introduction lesson, Goal Setting, Decision Making Strategies, Rachel's Challenge, Diversity Lessons, Pre-Enrollment lessons) ● clubs ● counseling interventions/strategies/techniques ● suicide Interventions/strategies ● conferencing with parents ● district Leadership Class (staff) ● staff consultations ● extra-Curricular Activities (FOR Club, WEB) ● self-Reflection Activities ● positive Behavioral Supports ● project Alert (staff) ● individual Plan of Study ● transition ● PE/Health teacher(s) 	<ul style="list-style-type: none"> ● CTC survey results ● District suicide protocol ● MTSS ● Outside Service Resource List ● Project Alert ● Psychologist/Social Worker ● Sunflower House ● Summer Conference Sessions ● Youth Mental Health First Aid (JCMH) ● Optimistic Mindset and positivity resources ● Fuel Up 60 ● Hope Curriculum <ul style="list-style-type: none"> ● decision Making Skills-- Proposed Sean Covey <u>The Six Most Important Decisions that you Will Ever Make (book and workbook)</u> <p>Assessment Tasks</p> <ul style="list-style-type: none"> ● Review Discipline reports ● SRO Contacts/incident reports ● Student Self-reflection review ● Climate surveys ● CTC survey ● District Suicide Risk Assessment Tool
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Critical Vocabulary:

- depression
- emotional Well-Being
- healthy behaviors
- mental Health
- optimistic mindset
- positivity
- risky behaviors
- self-control
- self-discipline
- Mindfulness
- Sexual harassment