



Kansas City



Tracker Cards

Devices, Apps and Manual Options to Earn Points

Introducing Tracker Cards! Tracking your lifestyle activity and earning points is now easier than ever!

Click on A Healthier You from MyBlueKC.com

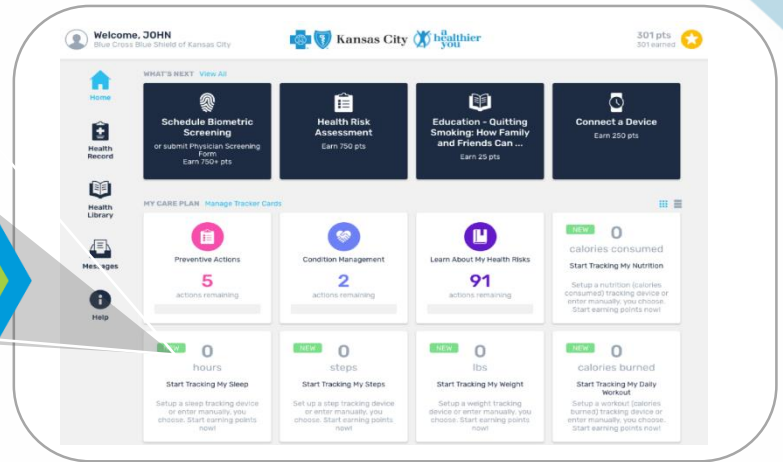
OR

Download the Blue KC A Healthier You app

To determine if your device is supported and which data is collected from your device, please click the link below for the most up to date information.

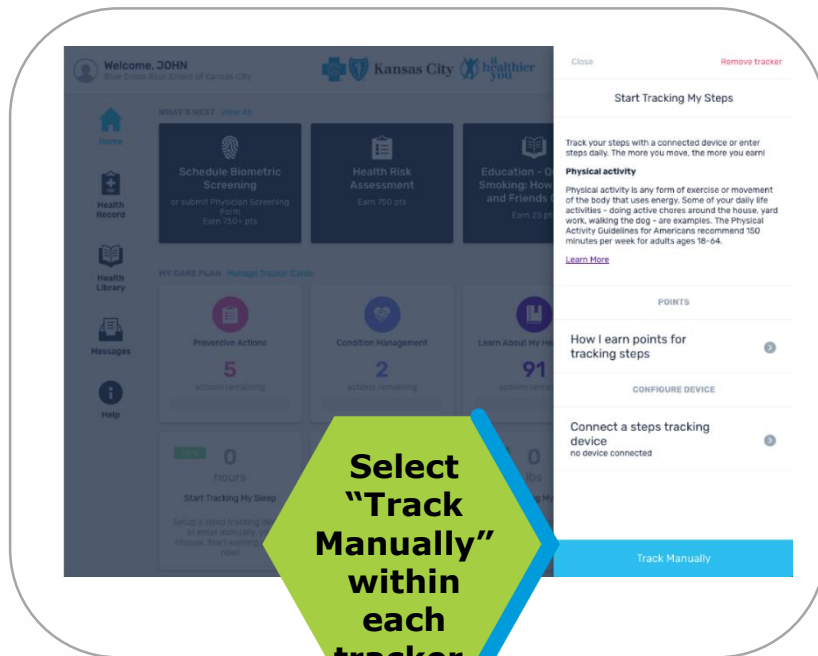
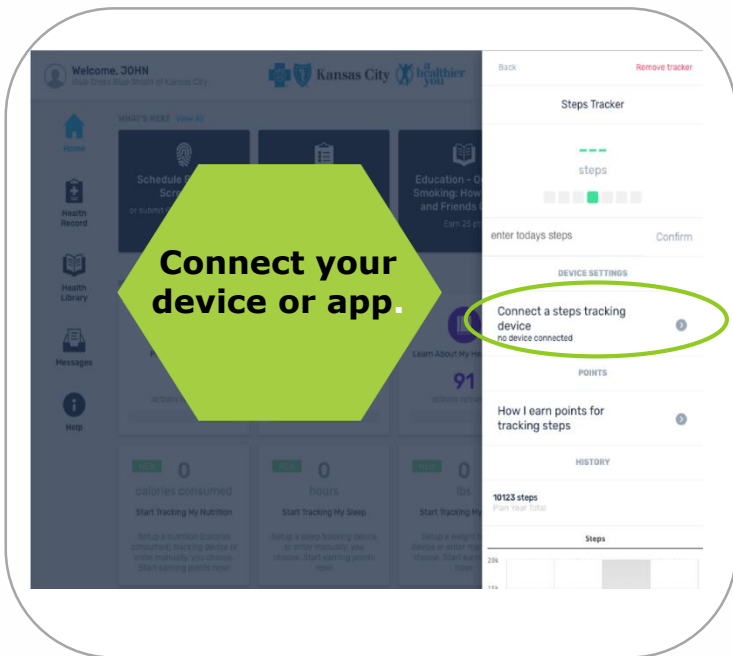
<https://developer.humanapi.co/sources-iframe>

Click on any of the Tracker Cards to start tracking your activities.



CONNECT A DEVICE

DON'T HAVE A DEVICE?



***Daily entry is required if you manually track your steps, sleep, weight, etc.**

Having Trouble? Email AHY@BlueKC.com

Questions about your device or using the Apple Healthkit and the Apple Watch? Visit the Tracking Your Health section of our FAQs on your AHY portal.