

## April Elementary Breakfast Carb Count

Monday	Tuesday	Wednesday	Thursday	Friday
	4-1 Cocoa Cherry Bar 24 & Yogurt 14 Oatmeal Cinnamon Bun 39 Diced Peach Cup 14	4-2 Pancake Sausage Stick 16 Lucky Charms 23 & String Cheese 0 Apple Slices 7	4-3 Mini Pancakes 36 Trix Cereal Bar 29 & Yogurt 14 Clementine 9	4-4 Snack N' Waffle 30 Apple Jacks 24 & Yogurt 14 Raisins 25
4-7 Lucky Charms 23 & String Cheese 0 Cinni Minis 39 Berry Applesauce Cup 17	4-8 Honey Cheerios 24 & Yogurt 14 Dark CC Benefit Bar 48 Diced Pear Cup 16	4-9 Empanada 17 Froot Loops 24 & String Cheese 0 Apple Slices 7	4-10 Pumpkin Bread 44 Cinnamon Toast Bar 30 & Yogurt 14 Banana 31	4-11 Mini French Toast 19 Apple Jacks 24 & String Cheese 0 Raisins 25
<b>4-14</b> Froot Loops 24 & String Cheese 0 Double CC Muffin 52 Cinnamon Applesauce 17	4-15 Cocoa Cherry Bar 24 & Yogurt 14 Oatmeal Cinnamon Bun 39 Diced Pineapple 15	4-16 Cinnamon Toast Pastry 40 Lucky Charms 23 & String Cheese 0 Apple Slices 7	4-17 Mini Pancakes 36 Celebration Benefit Bar 47 Clementine 9	4-18 Snack 'N Waffle 30 Apple jacks 24 & Yogurt 14 Raisins or Craisins
4-21 Lucky Charms 23 & String Cheese 0 Cinni Minis 39 Strawberry Applesauce 17	4-22 Honey Cheerios 24 & Yogurt 14 Oatmeal CC Benefit Bar 47 Mixed Fruit Cup 16	4-23 Empanada 17 Froot Loops 24 & String Cheese 0 Apple Slices 7	4-24 Banana Bread 44 Cocoa Puff Bar 30 & Yogurt 14 Banana 31	4-25 Pancake Sausage Stick 16 Apple Jacks 24 & Yogurt 14 Raisins 25
4-28 Froot Loops 24 & String Cheese 0 Blueberry Muffin 42 Applesauce Cup 17	4-29 Cocoa Cherry Bar 24 & Yogurt 14 Oatmeal Cinnamon Bun 39 Diced Peach Cup 14	4-30 Pancake Sausage Stick 16 Lucky Charms 23 & String Cheese 0 Apple Slices 7		