

## April Elementary Grab 'n' Go Breakfast Carb Count

Monday	Tuesday	Wednesday	Thursday	Friday
	4-1 Oatmeal Cinnamon Bun 39 Diced Peach Cup 14	4-2 Lucky Charms 23 & String Cheese 0 Apple Slices 7	4-3 Trix Cereal Bar 29 & Yogurt 14 Clementine 9	4-4 Apple Jacks 24 & String Cheese 0 Raisins 25
4-7 Cinni Minis 39 Berry Applesauce Cup 17	4-8 Dark CC Benefit Bar 48 Diced Pear Cup 16	4-9 Froot Loops 24 & String Cheese 0 Apple Slices 7	4-10 Pumpkin Bread 44 Banana 31	4-11 Apple Jacks 24 & String Cheese 0 Raisins 25
4-14 DBL CC Muffin 52 Cinnamon Applesauce 17	4-15 Cocoa Cherry Bar 24 & Yogurt 14 Diced Pineapple Cup 15	4-16 Lucky Charms 24 & String Cheese 0 Apple Slices 7	4-17 Celebration Benefit Bar 57 Clementine 9	4-18 Apple Jacks 24 & String Cheese 0 Raisins 25
4-21 Cinni Minis 39 Strawberry Applesauce 17	4-22 Oatmeal CC Benefit Bar 47 Mixed Fruit Cup 16	4-23 Froot Loops 24 & String Cheese 0 Apple Slices 7	4-24 Banana Bread 44 Banana 31	4-25 Apple Jacks 24 & Yogurt 14 Raisins 25
4-28 Blueberry Muffin 42 Applesauce 17	4-29 Oatmeal Cinnamon Bun 39 Diced Peach Cup 14	4-30 Lucky Charms 23 & String Cheese 0 Apple Slices 7		