

February Elementary Breakfast Carb Count

Monday	Tuesday	Wednesday	Thursday	Friday
2-3 Froot Loops 24 & String Cheese 0 Blueberry Muffin 42 Applesauce Cup 17	2-4 Cocoa Cherry Bar 24 & Yogurt 14 Oatmeal Cinnamon Bun 39 Diced Peach Cup 14	2-5 Pancake Sausage Stick 16 Lucky Charms 23 & String Cheese 0 Apple Slices 7	2-6 Mini Pancakes 36 Trix Cereal Bar 29 & Yogurt 14 Clementine 9	2-7 NO SCHOOL
2-10 Lucky Charms 23 & String Cheese 0 Cinni Minis 39 Berry Applesauce Cup 17	2-11 Honey Cheerios 24 & Yogurt 14 Dark CC Benefit Bar 48 Diced Pear Cup 16	2-12 Empanada 17 Froot Loops 24 & String Cheese 0 Apple Slices 7	2-13 NO SCHOOL	2-14 NO SCHOOL
2-17 NO SCHOOL	2-18 Cocoa Cherry Bar 24 & Yogurt 14 Oatmeal Cinnamon Bun 39 Diced Pineapple 15	2-19 Cinnamon Toast Pastry 40 Lucky Charms 23 & String Cheese 0 Apple Slices 7	2-20 Mini Pancakes 36 Celebration Benefit Bar 47 Clementine 9	2-21 Snack N' Waffle 30 Apple Jacks 24 & Yogurt 14 Raisins 25
2-24 Lucky Charms 23 & String Cheese 0 Cinni Minis 39 Strawberry Applesauce 17	2-25 Honey Cheerios 24 & Yogurt 14 Oatmeal CC Benefit Bar 47 Mixed Fruit Cup 16	2-26 Empanada 17 Froot Loops 24 & String Cheese 0 Apple Slices 7	2-27 Banana Bread 44 Cocoa Puff Bar 30 & Yogurt 14 Banana 31	2-28 Pancake Sausage Stick 16 Apple Jacks 24 & Yogurt 14 Raisins 25