

Conestoga Low Sodium Peppered Biscuit Gravy Mix -

This creamy white gravy, with a rich dairy flavor and just the right amount of pepper is perfect for biscuits, chicken tenders and more.

It is also great for making soups, casseroles, chowders and sauces.

Nutrition Facts

Serving Size 1/4 cup

Servings Per Container 516

Calories 35

Calories from fat 20

Total Fat 2 g

Saturated Fat 1 g

Trans Fat 0 g

Cholesterol 0 mg

Sodium 140 mg

Potassium 35 mg

Total Carbohydrate 5 g

Dietary Fiber 0 g

Sugars 1 g

Protein 0 g

Vitamin A 0 percent

Vitamin C 0 percent

Calcium 0 percent

Iron 0 percent

Thiamin 0 percent

Riboflavin 0 percent

Niacin 0 percent

Folate 0 percent

Ingredients

Food Starch-Modified, Palm Oil, Maltodextrin, Corn Syrup Solids, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Soybean And/Or Cottonseed Oil, Salt Contains Less Than 2 Percent : Guar Gum, Color Added, Sodium Caseinate (A Milk Derivative), Black Pepper, Dipotassium Phosphate, Mono and Diglycerides, Sodium Citrate, Potassium Chloride, Carrageenan, Artificial Flavor. Contains Allergens: Wheat, Milk May_Contain: Egg, Soy