



**KRUSTEAZ WHOLE GRAIN BELGIAN WAFFLE STICKS**

SKU: 068615140333  
GTIN: 10686151403333  
Piece Weight: .78 oz  
Pieces Per Case: ~216  
Case Pack: 9/24 ct bags  
Case Net Weight: 10.5 lbs.  
Case Gross Weight: 11.8 lbs.  
Case Dimensions: 17.5 x 13.25 x 10  
Case Cube: 1.34  
Tie/High: 8/8  
Storage Temperature: 0°F or below  
Shelf Life: 365 Days  
Kosher: Yes  
Child Nutrition: 4 pieces=2.25 bread svgs. based on 16gm/svg.  
Percentage Whole Grain: 100%

**Preparation and Heating Instructions:**

Arrange frozen Belgian waffle sticks in a single layer on a sheet pan. Seal tightly with foil.

Bake in a preheated convection oven at 350°F for 6- 8 minutes.

Bake in a preheated conventional oven at 400°F for 8-12 minutes.

**Microwave Oven:**

Place frozen Belgian waffle sticks (6 pieces) on a microwave safe dish uncovered. Heat on full power (high) for 45-50 seconds. Microwave heating times vary, so adjust accordingly.

**NUTRITION FACTS**

Serving Size: 4 pieces (88 grams)

Servings Per Case: 54

**Amount Per Serving**

Calories: 230                      Calories from Fat: 60

	% Daily Value*
Total Fat: 7g	11%
Saturated Fat: 1g	5%
Trans Fat: 0g	
Cholesterol: 30mg	10%
Sodium: 330mg	14%
Total Carbohydrate: 37g	12%
Dietary Fiber: 5g	20%
Sugars: 8g	
Protein: 5g	
Calcium: 5%	Iron: 13%

\*Percent daily values are based on a 2,000 calorie diet. Your daily value may be higher or lower, depending on your calorie needs.

**Ingredients:** Whole Wheat Flour, Water, Sugar, Eggs, Soybean Oil, Nonfat Milk, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Natural and Artificial Flavors, Salt, Soy Lecithin (an emulsifier).

**Contains: Egg, Milk, Soy, Wheat**

Clayton Ace Streeter  
Corporate Quality Manager

Updated 9/10/14